

2. Distribution Request *continued*

If you select D, complete as applicable. **D.** Required minimum distribution (RMD) or Roth IRA Life Expectancy distribution. *As applicable. Not available for Inherited IRAs.*

Recalculation due to a change in beneficiary

Include last year's 12/31 market value of an outstanding rollover, transfer, or recharacterization amount:

Amount
\$
.

RMD PLUS increase annual RMD amount by:

Amount
\$
.

Defer first year RMD to the year following the year I turn age 70½
Not applicable to Roth IRA Life Expectancy distributions. Date must be included below.

Complete if deferring your First Year RMD.

Calculate and distribute first year RMD on:

Date (Jan 1 - Apr 1 ONLY) MM DD YYYY

E. Substantially Equal Periodic Payments (SEPPs)

Calculation Method

Check one.

Amortization Calculation Method with assumed rate of return of:

Assumed Rate of Return
.
%

The actual investment return may be more or less than the assumed rate of return.

RMD Calculation Method

Life Expectancy Option

Check one.

Uniform Distribution Table *Not available if Amortization Calculation Method selected.*

Single Life Expectancy of IRA owner

Joint Life Expectancies of IRA owner and beneficiary

Complete if applicable.

Include last year's 12/31 market value of an outstanding rollover, transfer, or recharacterization amount:

Amount
\$
.

Frequency of Periodic Distribution Payments

Refer to instructions for default provisions if choices in this section are left blank.

Check one.

Annually

Monthly

Jan

Feb

Mar

Apr

May

Jun

In the selected months of:

Jul

Aug

Sep

Oct

Nov

Dec

Indicate the Day of the Month Each Withdrawal Will Occur.

Day DD

Provide the Month and Year of First Withdrawal (Effective Date).

Month/Year MM YYYY

Provide the Month and Year of Last Withdrawal (End Date). Optional.

Month/Year MM YYYY

NOT applicable if requesting fixed period distributions, Option B above.

Funding for the Periodic Distribution Requested *Payments will be made by liquidating from the selection.*

Check one.

A. Core account ONLY *Default*

B. Core account AND all your money market mutual funds and other mutual funds proportionately

C. Money market mutual funds and/or other mutual funds in the proportions noted below:

Use whole number percentages only.

Fund Name	CUSIP or Fund Symbol	Percentage
		.0%
Fund Name	CUSIP or Fund Symbol	Percentage
		.0%
Fund Name	CUSIP or Fund Symbol	Percentage
		.0%

TOTAL

.0%

Must add up to 100%

Contingent Funding Options *Optional selection. Will be used ONLY if main source has insufficient funds.*

Check one.

A. Any money market mutual fund position

B. Any money market mutual fund and then other mutual fund positions

3. Payment Method *Choose one.*

Cash Distribution to a Fidelity Nonretirement Account

Name	Account Number

Check Disbursement

Check A or B. **A. 1st Party Check** *Paid and mailed to name and address on record. Make additional selections below if applicable.*

Use Standing Instructions on File *To print Memo and/or Check Stub Information.*

Line Number

Authorized agent/Advisor:
If you have multiple standing instructions, enter the line number.

Establish New Standing Instructions
Account owner signature required.

Information ►
provided in the Memo field will print on the check but will not appear visible in the window of the envelope.

Memo <i>Maximum 30 characters</i>
Check Stub Information <i>Maximum 100 characters</i>

B. 3rd Party Check *Paid and/or mailed to an alternate name(s) and/or address. Make additional selections below if applicable.*

Check one. ► Use Standing Instructions on File

Line Number

Authorized agent/Advisor:
If you have multiple standing instructions, enter the line number.

Alternate Instructions
Account owner signature required.

Avoid including any account number or SSN that compromises a customer's identity. If needed, use the Memo and Check Stub Information fields.

Payee		
Payee <i>For the benefit of - FBO</i>		
Care of	Attention	
C/O:	ATTN:	
Address		
City	State/Province	Zip/Postal Code

Optional. Information provided in the Memo field will print on the check but will not appear in the window of the envelope. If information is provided here, new standing instructions for this payee will be established.

Memo <i>Maximum 30 characters</i>
Check Stub Information <i>Maximum 100 characters</i>

continued on next page



3. Payment Method *continued*

Electronic Funds Transfer (EFT)

- Check A or B. **A.** 1st Party EFT *The name on the bank account and the IRA is the same.*
 B. 3rd Party EFT *The name(s) on the bank account and the IRA is different.*

Check one. Use Standing Instructions on File **Authorized agent/Advisor:**
If you have multiple standing instructions, enter the line number.

If selected, complete Bank Standing Instructions. Establish New Standing Instructions *Account owner signature required.*

Bank Standing Instructions *Complete this section if establishing new Standing Instructions for EFT.*

Bank Standing Instructions allow you to move money between your IRA and a bank account via EFT (processed via the Automated Clearing House, "ACH"). It may take 7-10 business days to establish EFT standing instructions and 2-3 business days after the date the distribution is processed for funds to reach the bank or brokerage account.

Check one. Checking Savings

Obtain the correct routing number from the bank. Different routing numbers may be used for EFT and Bank Wire transactions.

Bank Name		
Bank Routing Number		Bank Account Number
Owner(s) Name(s) Exactly as on Bank Account		

4. Tax Withholding Elections

Complete this section only if the IRA owner is a U.S. person (including a U.S. resident alien). The tax withholding elections below will apply to each payment in the series until changes to elections are made in writing. Changes to tax elections for subsequent distributions can be made by completing an IRA Periodic Distribution Request. Read the Notice of Withholding in the Customer Instructions, Terms and Conditions before completing this section.

Federal Income Tax Withholding

- Check one. Do not withhold federal income tax from the IRA distributions.
 Withhold federal income tax from the IRA distributions at the percentage rate of:
 Specify a whole number percentage between 10% and 99%.
- If no election is made, or if the percentage rate entered is less than 10%, federal income tax will be withheld from your distributions at a rate of 10% (Roth IRA and Inherited Roth IRA distributions excluded).*

State Income Tax Withholding

- Check one. Do not withhold state income tax from the IRA distributions. *For residents of CA, NC, and OR, this box must be checked if federal income taxes are being withheld and you do not want state income taxes withheld. For residents of DE and MI, this box must be checked regardless of whether or not federal income taxes are being withheld if you do not want state income taxes withheld.*
 Withhold state income tax from the IRA distributions in accordance with the minimum amount or percentage, if any, as determined by the requirements of your state of residence. *If your state does not provide a minimum amount or percentage for withholding and a specific percentage was not provided in the section below, state income taxes will not be withheld from your distributions.*
 Withhold state income tax from the IRA distributions at the percentage rate of:
 If the percentage rate entered is less than your state's minimum withholding requirements, your state's minimum amount or percentage will be withheld.
- Do not make an election if you are a resident of AK, FL, HI, MS, NH, NV, SD, TN, TX, WA, or WY.*
The state of residence in the legal address on this IRA will determine the state income tax withholding requirements for your distributions.

5. Signature and Date *Form cannot be processed without signature and date.*

By signing this form, you:

IRA Owner only

- Authorize and request Fidelity Brokerage Services LLC ("FBS") and National Financial Services LLC ("NFS", together with FBS, "Fidelity"), to make the above distribution from the IRA indicated above.
- Represent that, to the extent you have requested distributions due to disability, you meet the meaning of disabled, as indicated in IRC Section 72(m)(7).
- Certify under the penalties of perjury, that you are a U.S. citizen or other U.S. person (including a resident alien individual) and the number shown in Section 1 of this form is your correct taxpayer identification number (or Social Security number), and if you are not a U.S. person (including a U.S. resident alien), you have previously

submitted IRS Form W-8BEN and included your U.S. taxpayer identification number (or Social Security Number) in order to claim tax treaty benefits, if applicable.

Authorized agent/Advisor only

- Represent that you are an authorized individual of the above-named Authorized agent/Advisor, and request that Fidelity make the above distributions from the IRA owner's IRA pursuant to the asset movement authorization granted by the IRA owner.

IRA Owner and Authorized agent/Advisor

- Certify that you have carefully read, fully understand, and agree to comply with, the Customer Instructions, Terms and Conditions, including the Notice of Withholding attached to this IRA Periodic Distribution Request form.

- Certify that the information supplied on this form is complete and accurate.
- Acknowledge, if requesting distribution via EFT, that Fidelity cannot verify the account registration at the receiving institution.
- Indemnify Fidelity Management Trust Company and Fidelity, and their agent(s), successors, affiliates, and employees, from any liability in the event that the IRA owner fails to meet the IRS requirements regarding a distribution from the IRA owner's Premiere Select Traditional IRA, Rollover IRA, Roth IRA, SEP-IRA, Inherited IRA, Inherited Roth IRA, or Fidelity SIMPLE IRA, as applicable.

Either the IRA Owner or an Authorized agent/Advisor that has been granted asset movement authority must print name, sign, and date within the appropriate box below. If establishing new standing instructions, the IRA Owner must sign below.

Print IRA Owner Name <i>First, M.I., Last</i>	
IRA Owner Signature	Date <i>MM - DD - YYYY</i>
SIGN ▶	▶

Print Authorized agent/Advisor Name <i>First, M.I., Last</i>	
Authorized agent/Advisor Signature	Date <i>MM - DD - YYYY</i>
SIGN ▶	▶

IRA Periodic Distribution Request Customer Instructions, Terms and Conditions

Instructions, Terms and Conditions for the IRA Owner

Read these Instructions, Terms and Conditions carefully before completing and signing the attached form. The IRA owner is responsible for complying with IRS rules governing IRA distributions, including required minimum distributions and substantially equal periodic payments. If an IRA owner fails to meet any IRS requirements regulating IRA distributions, the IRA owner may be subject to tax penalties. If the IRA owner has any questions regarding the IRA owner's specific situation, consult with either a tax advisor or the IRA owner's Authorized agent/Advisor.

Instructions, Terms and Conditions for Authorized agent/Advisors

If the Authorized agent/Advisor is signing this form on behalf of the IRA owner, the signor represents he or she is an authorized individual of the above-named Authorized agent/Advisor and that he or she is acting pursuant to the asset movement authorization granted by the IRA owner.

Read these Instructions, Terms and Conditions carefully before completing and signing the attached request. The IRA owner is responsible for complying with IRS rules governing IRA distributions, including required minimum distributions and substantially equal periodic payments. The IRA owner may be subject to tax penalties if applicable IRS requirements are not met.

Form Instructions

The attached form should be used by the IRA owner or an Authorized agent/Advisor that has been granted asset movement authority (herein, "you" or "your") to request periodic distributions from a Premiere Select Traditional IRA, Rollover IRA, Roth IRA, SEP-IRA, Inherited IRA, Inherited Roth IRA, or Fidelity SIMPLE IRA ("IRA") held through Fidelity Brokerage Services LLC ("FBS") and National Financial Services LLC ("NFS," together with FBS, "Fidelity"), to change an existing periodic distribution plan.

If you wish to request periodic distributions from more than one IRA, you must complete a separate IRA Periodic Distribution Request for each IRA.

Upon depletion of all assets in your IRA, a \$75 liquidation/termination fee, as described in your Retirement Account Client Agreement, will be collected from the final distribution amount. If your periodic distribution plan results in an account balance that is less than the termination fee, Fidelity may instead process a full distribution of your entire account balance and collect the termination fee at that time. Note that this could result in a payment amount that is less than the amount requested due to the payment of the termination fee. In addition, your IRA may be closed.

Completing the Form

Write the IRA account number in the boxes in the upper right-hand corner of the form.

1. IRA Owner

Provide all information requested.

2. Distribution Request

Type of Request

If establishing or changing a periodic distribution plan, check the appropriate box. If you are changing an existing periodic distribution plan that is one of multiple periodic distribution plans for the IRA indicated on the form, indicate the periodic distribution plan number provided by your Authorized agent/Advisor.

Reason for Distribution

Indicate the reason for your distribution to ensure appropriate tax reporting, choosing only one. Note that if you are under age 59½ and are taking distributions for a qualified first-time home purchase (\$10,000 lifetime total), qualified higher education expenses, certain medical expenses or health insurance premiums, or substantially

equal periodic payments, as defined in Internal Revenue Code ("IRC") section 72(t), select the box for "Premature." You may wish to consult with a tax advisor regarding the tax implications associated with each Reason for Distribution choice.

Important: SEPP distributions will be reported to the IRS as "premature distributions – no known exception applies." If the IRA owner qualifies for an exception to the tax on premature distributions, you should file IRS Form 5329 with your tax return. Consult with your tax advisor for more information.

If the IRA owner wishes to request disability distributions, refer to Section 72(m) (7) of the IRC for more information. **Note:** Authorized agent/Advisor is not permitted to initiate disability distributions on behalf of the IRA owner. The IRA owner must sign this form.

If you have inherited IRA assets from a decedent and wish to take death distributions, you must first establish and transfer the assets to an Inherited IRA or Inherited Roth IRA as applicable, then take the death distributions from the Inherited IRA or Inherited Roth IRA. If you are a spouse beneficiary and wish to transfer the decedent's IRA to your IRA, do not complete this form. Contact your Authorized agent/Advisor for additional instructions.

Periodic Distribution Instructions

Complete this section, choosing one of the five options listed.

- Fixed amount per period.** Specify the dollar amount to be distributed each period.
- Fixed period.** Indicate the number of years over which you wish to deplete your IRA. The amount of each payment will be calculated by dividing the total IRA balance by the remaining number of payments. For Premiere Select Traditional IRAs, Rollover IRAs, Roth IRAs, SEP-IRAs, and Fidelity SIMPLE IRAs, each payment will be calculated based on the total balance of your IRA up to four business days before the distribution is scheduled. For Inherited IRAs and Inherited Roth IRAs, each payment will be calculated based on your prior year end total balance.
- Life expectancy distribution from an Inherited IRA.** Life expectancy distributions from an Inherited IRA are not a Required Minimum Distribution (RMD) calculation service. If you are establishing a periodic distribution plan to satisfy an RMD, consult with a tax advisor to ensure that the plan you establish, including the life expectancy information you provide, is applicable to your specific situation and satisfies your RMD requirements. If you do not indicate the life expectancy to be used to calculate the distribution, your distribution will be calculated based on your single life expectancy. If you choose to have your payments based on another individual's life expectancy, you must provide that individual's date of birth. Additional paperwork may be required; check with your Authorized agent/Advisor.

If you are a spouse beneficiary, the annual payment amount will be calculated based on your single life expectancy based on your age in each distribution calendar year. If you are a non-spouse beneficiary the annual payment will be calculated based on your current single life expectancy, which will be reduced by one year for each remaining calendar year distribution.

Distributions will be paid in equal installments in accordance with the payment frequency selected in the Frequency of Periodic Distribution Payments section.

If you wish to include last year's 12/31 market value of an outstanding rollover, transfer, or recharacterization in the Life Expectancy calculation, provide the amount.

- Required minimum distribution (RMD) or Roth IRA life expectancy distribution.** (Not available to Inherited IRAs) RMDs can be requested for Premiere Select Traditional IRAs, Rollover IRAs, SEP-IRAs and Fidelity SIMPLE IRAs. There is no requirement to take RMDs from Roth IRAs; however, you can request periodic distributions to be calculated based on the applicable life

expectancy factor ("Life Expectancy Distributions"). Your RMD/Life Expectancy Distribution, including a first-year RMD that is being deferred to April 1 of this year or next year (if applicable), will be calculated using either the Uniform Distribution Table or the Joint Life Expectancy Table (for spousal exceptions only – see below), as applicable.

RMD Spousal Exception or Roth Joint Life Expectancy Calculation ("spousal exception")

Your payments will be calculated based on the spousal exception if your sole designated beneficiary for the entire distribution calendar year is your spouse who is more than 10 years younger than you. If the spousal exception applies, your distribution will be calculated based on your and your spouse's joint life expectancies. **Important:** If the beneficiary designation on file with Fidelity indicates that you do not qualify for the spousal exception, your distribution will be calculated using the Uniform Distribution Table. If you wish to include last year's 12/31 market value of an outstanding rollover, transfer, or recharacterization in the RMD/Life Expectancy calculation, provide the amount.

RMD Plus – Optional You may request an annual amount to be distributed to you in addition to your annual RMD/Life Expectancy payment amount. The amount you specify will be divided by the total number of remaining payments for the year and distributed in accordance with your instructions.

Note the following with respect to choices offered in the Periodic Distribution Instructions section:

- RMD/Life Expectancy calculations will only include your IRA indicated on the form. If you maintain other IRAs, including those at other institutions, you are required to calculate your RMD for each IRA separately.
- If you are establishing your periodic distribution plan mid-year, your entire RMD/Life Expectancy distribution for the current year will be paid out evenly over the remaining number of scheduled payments in the year.
- If you would like your distribution amount adjusted for distributions already taken within the applicable distribution year, you must notify Fidelity in writing of the date(s) and the distribution amount(s) already taken.
- If you maintain an RMD plan and if you change your beneficiary designation at any time during the year by submitting a properly completed IRA Beneficiary Designation form, you must inform Fidelity of the change, including the impact of such change to the requested RMD calculations by submitting another properly completed IRA Periodic Distribution Request form and your RMD amount may increase or decrease. If you fail to instruct Fidelity as to the impact of any beneficiary change, subsequent distributions in your payout plan may not satisfy your RMD requirements. Consult with your tax advisor to determine how a beneficiary change may affect your RMD amount.

E. Substantially Equal Periodic Payments (SEPPs). Any changes to the account balance after the SEPP plan is initiated will be deemed a modification and may result in IRS penalties. Once you begin taking payments, you cannot stop payments or change the calculation method until the later of five years or when you turn age 59½, with the exception that you can make a one-time change from the amortization calculation method to the required minimum distribution (RMD) calculation method; otherwise IRS penalties may be incurred.

Calculation Method

You must be under age 59½. Select the calculation method that you wish Fidelity to use to calculate your payments.

Amortization Calculation Method Fidelity will calculate your SEPP distributions by amortizing the prior December 31 balance of your IRA over the remainder of the life expectancy period that applies to the life expectancy election you make using the assumed rate of return you specify. IRS guidelines provide that the interest rate used be not more than 120% of the federal midterm rate for either of the two months immediately preceding the month distributions begin. Once the amount is calculated, the payment will remain constant.

RMD Calculation Method Fidelity will calculate your annual SEPP amount by dividing the prior December 31 balance of your IRA by the applicable factor from the IRS-approved life expectancy table that applies to the life expectancy election you make. For SEPP plans

established to distribute more than one payment per year, each payment is calculated by dividing the annual amount by the number of payments to be made in the year.

Life Expectancy Option

Whether you choose the amortization calculation method or the RMD calculation method, you must specify the life expectancy to be used for the applicable calculation. If you do not select a life expectancy option on the form, or if you choose the joint life expectancy option and Fidelity does not have your beneficiary designation on file, or if Fidelity does not maintain a date of birth for your primary beneficiary, payments will be calculated based on your single life expectancy.

Important: The Uniform Distribution Table option is not available for SEPP distributions that are calculated based on the amortization method.

If you wish to include last year's 12/31 market value of an outstanding rollover, transfer, or recharacterization in the SEPP calculation, provide the amount.

Notes

- If you are requesting a change to an existing calculated SEPP plan, by completing and submitting this form, you are instructing Fidelity to calculate and distribute any remaining payments from your SEPP plan based on the information provided on this form, and the new calculation for each payment will take effect no later than 5 business days from the date that Fidelity receives and accepts the form in good order.
- Any changes, other than a one-time calculation method change, to an existing calculated SEPP plan will result in the deletion of the current plan, and the establishment of a fixed amount periodic distribution plan.
- Payments will not be adjusted for any amounts distributed to you that are not part of the SEPP plan.
- If you change your beneficiary designation at any time during the year by submitting a properly completed IRA Beneficiary Designation form, you must inform Fidelity of the change, including the impact of such change on the requested SEPP calculations, by submitting another properly completed IRA Periodic Distribution Request form, and your payments may increase or decrease with payments beginning on January 1 of the year following the year of the beneficiary designation change.

Important: Changes to a beneficiary after the SEPP plan is initiated may cause a modification to the SEPP and may result in IRS penalties. Consult your tax advisor about your individual situation.

Frequency of Periodic Distribution Payments

Periodic distributions will not be permitted more often than once per month.

Your periodic distribution plan will be activated in accordance with your instructions after this form is received in good order by the Custodian. Keep in mind mail and processing time when providing the **Month and Year of First Withdrawal**.

The **Month and Year of First Withdrawal** cannot be greater than one year from the date of receipt of this distribution request by the Custodian. If a **Month and Year of First Withdrawal** is not provided, payment(s) will begin on the next scheduled pay date.

If no payment frequency is provided, payment(s) will be made annually in December.

The **Day of Month Each Withdrawal Will Occur** must be the same day for each payment period. If no **Day of Month Each Withdrawal Will Occur** is provided, payment(s) will be made on the 5th day of the month(s).

You may specify an end date for taking periodic distributions by providing the **Month and Year of Last Withdrawal**. An end date is NOT applicable if you are requesting fixed period distributions (option B in the Periodic Distribution Instructions section).

Periodic distribution payments scheduled to be paid out in December may result in your distribution being processed prior to the date selected to help ensure that your distribution is processed prior to year end.

Periodic distribution payments scheduled to be paid out in early January may be delayed if year-end balance recalculations are required in computing the payment amount.

Funding for the Periodic Distribution Requested

Your periodic distribution payments will be made based on the funding instructions you provide in this section of the form. If you do not select either option A, B, or C, then payments will be made by liquidating/withdrawing assets from your core account investment vehicle ("core account") only (option A). If more space for investment information is needed, list the information requested along with your name, account number and U.S. taxpayer identification number (or Social Security number) on a separate sheet of paper, sign and date it and attach it to the form.

Periodic distributions can be made from your core account, money market mutual funds and certain other mutual fund positions only (check the prospectus to see if systematic withdrawals or periodic distributions are permitted); any other securities/positions in your IRA cannot be used to directly fund your periodic distribution plan.

Fidelity will place liquidating trades for the requested dollar amount of the scheduled distribution. Trades will be placed up to four business days prior to the scheduled date of distribution to allow for trade settlement. Back-end loads, redemption fees or transaction fees may result in insufficient funds to process the requested distribution.

Certain mutual funds may be closed to new investors. If one of these funds is subject to your distribution instructions, be aware that your position could be fully liquidated, and this would prohibit you from future investments in the fund.

Contingent Funding Options

You may select a contingent funding option to be used if there are insufficient funds available in your core account, and/or one or more of the money market mutual funds and/or other mutual funds selected in the Funding for the Periodic Distribution Requested section. If you do not select either Contingent Funding Option on the form, then your contingent funding option will be to distribute from your core account only.

A. Any money market mutual fund position. By checking this box, if there are insufficient funds in your core account, you are instructing the Custodian to make the distribution by liquidating assets from your other money market mutual fund positions in the same IRA, beginning with the money market mutual fund position with the lowest balance.

B. Any money market and then other mutual fund positions. By checking this box, if there are insufficient funds in your core account, you are instructing the Custodian to make the distribution by liquidating assets from your other money market mutual fund positions in the same IRA, beginning with the money market mutual fund position with the lowest balance. If there are insufficient funds in your other money market mutual fund positions, you are instructing the Custodian to make the distribution by liquidating assets from your other mutual fund positions in the same IRA, beginning with the mutual fund position with the lowest balance. If two eligible positions have identical balances, the liquidation will be made from the fund with the lowest CUSIP number.

Important Note: Distributions made in cash will be paid from the balance of your core account. It is your responsibility to ensure there are sufficient funds available in the core account to process the periodic distributions. If there are insufficient funds available in the core account to process the periodic distribution amount in accordance with the Funding Options and/or Contingent Funding Options you choose, Fidelity will generally attempt to process your requested distribution each day for the next 3 business days. Generally, if there are insufficient funds available in the core account by the expiration of that 3-business-day period, the distribution for that period will not be processed unless the distribution is scheduled to pay in December, in which case a distribution of the balance in the core account may be processed. Moreover, if the use of a Contingent Funding Option requires the liquidation of all shares of a position(s) to satisfy the requested periodic distribution amount, your IRA may have insufficient funds to process the request due to market fluctuation.

3. Payment Method

If no payment method is selected, your cash distributions will be made by check and sent to your mailing address of record (the second option described below).

Cash Distribution to a Fidelity Nonretirement Account

If you want cash distributed to a new or existing Fidelity nonretirement account, provide the name and account number of the nonretirement account. An application must be completed to establish a new Fidelity nonretirement brokerage account. If the Fidelity nonretirement account is restricted or purged at the time of the distribution, the payment method will default to check to the address of record.

Check

A. 1st Party Check. If you want a check paid and mailed to the name and address of record on this account, check this box. If you have previously provided 1st Party Check standing instructions (i.e., reflecting a memo or check stub information) and want to use this standing instruction, check the box. If you have multiple sets of standing instructions, provide the line number of the specific set of instructions, as it pertains to this situation. The line number can be obtained from your Authorized agent/Advisor. If you want to add a memo or check stub information that is different from what you have on file, check the box for New Standing Instructions. The IRA owner's signature is required.

B. 3rd Party Check. If you want a check paid to a payee other than the IRA owner and/or mailed to an address other than the mailing address of record, check the box for Alternate Instructions and provide complete instructions. If you want memo and/or check stub information to be included, standing instructions will be set up for the payee. The IRA owner's signature is required. If you have previously provided 3rd Party Check standing instructions and want to use this standing instruction, check this box.

If you have multiple sets of standing instructions, provide the line number of the specific set of instructions, as it pertains to this situation. The line number can be obtained from your Authorized agent/Advisor.

Electronic Funds Transfer (EFT)

A. 1st Party EFT. If you would like the distributions to be deposited directly to the IRA owner's individually owned bank account (the name on the bank account and the IRA is the same), check this box.

B. 3rd Party EFT. If you would like the distributions to be deposited to the IRA owner's joint bank account or a third-party bank account, check this box.

If you would like to use standing instructions already on file, check the box. If you have multiple sets of standing instructions, provide the line number of the specific set of instructions, as it pertains to this situation. The line number can be obtained from your Authorized agent/Advisor. If you would like to use different instructions, check the box for New Standing Instructions and include all information required. The IRA account owner's signature is required.

Note: It may take 7-10 business days to establish EFT standing instructions. Once EFT is established, allow 2-3 days after the date the distribution is processed for funds to reach the bank. If the first payment date occurs before the standing instruction is established, your first payment will be sent as a check to the address of record.

4. Notice of Withholding

Read carefully before completing the Tax Withholding Elections section of the form.

Your IRA distributions (other than Roth IRA distributions) are subject to federal (and in some cases, state) income tax withholding unless you elect not to have withholding apply. Withholding will apply to the gross amount of each distribution, even if you have made non-deductible contributions. Moreover, failure to provide a U.S. residential address will result in 10% federal income tax withholding on the distribution proceeds even if you have elected not to have tax withheld (an IRS requirement as applicable). A Post Office Box or Personal Mail Box does not qualify as a residential address.

If you elect to have withholding apply (by indicating so on your periodic distribution request, by making no choice, or by not providing a U.S. residential address), federal income tax will be withheld from your IRA distributions (excluding Roth IRA distributions) at a rate of at least ten percent (10%). Federal income tax will not be withheld from a Roth IRA unless you elect to have such tax withheld.

The IRA distribution may also be subject to state income tax withholding. Your state of residence will determine your state income tax withholding requirements, if any. Your state of residence is determined by your legal address of record provided for your IRA. Whether or not you elect to have federal, and if applicable, state income tax withheld, you are still responsible for the full payment of federal income tax, any state tax or local taxes, and any penalties which may apply to your distributions. Whether or not you elect to have withholding apply (by indicating so on your periodic distribution request), you may be responsible for payment of estimated taxes. You may incur penalties under the IRS and applicable state tax rules if your estimated tax payments are not sufficient.

Periodic distributions are not available to non-U.S. persons (including U.S. resident aliens). You may submit an IRA One-Time Distribution Request form if you wish to take a distribution from this account.

Residents of AR, IA, KS, MA, ME, OK, and VT If federal income tax is withheld, state income tax of at least your state's minimum requirements must be withheld in addition to federal income tax withholding at the time of your distribution. If you elect out of federal income tax withholding, state income tax will not be withheld unless you indicate otherwise.

Residents of CA, NC, and OR If federal income tax is withheld, state income tax of at least your state's minimum requirements must be withheld in addition to federal income tax withholding at the time of your distribution unless you elect not to have state income taxes withheld.

Residents of DE State income tax of at least your state's minimum requirements must be withheld regardless of whether or not federal income tax is withheld unless you elect not to have state income taxes withheld.

Residents of MI State income tax of at least your state's minimum requirements must be withheld regardless of whether or not federal income tax is withheld. Tax withholding is not required if you meet certain MI requirements governing pension and retirement benefits. Reference the MI W-4P Form for additional information about calculating the amount to withhold from your distribution. Contact your tax advisor or Authorized agent/Advisor for additional information about MI requirements.

Residents of AK, FL, HI, MS, NH, NV, SD, TN, TX, WA, and WY State income tax withholding is not available on your IRA distributions. Consult your tax advisor, state agency, or Authorized agent/Advisor for more information.

Residents of all other states and the District of Columbia You are not subject to mandatory state income tax withholding; however, you may elect voluntary state income tax withholding in a percentage. If you elect to have state income taxes withheld and your state provides a minimum amount or percentage for withholding, you must elect a percentage that is not less than your state's minimum withholding requirements. If the percentage you elect for withholding is less than your state's minimum withholding requirements, your state's minimum amount or percentage will be withheld.

Important: State tax withholding rules can change and the rules cited above may not reflect the current ruling of your state. Consult with your Authorized agent/Advisor to obtain the most up-to-date information pertaining to your state.

5. Signature and Date

Before signing the distribution form, carefully read the **IRA Periodic Distribution Request form** and **Customer Instructions, Terms and Conditions**. The distribution form is part of a legal agreement between you and Fidelity, and by signing the Signature section you are agreeing to be bound by the terms and conditions contained in the **Premiere Select IRA Custodial Agreement and Disclosure Statement** or **Premiere Select Roth IRA Custodial Agreement and Disclosure Statement** or **Fidelity SIMPLE IRA Custodial Agreement and Disclosure Statement**, as applicable.

Detach the completed distribution request form and return it to your Authorized agent/Advisor. Keep a copy of this form with the Customer Instructions, Terms and Conditions in your files.

Authorized agent/Advisor Signature (when applicable)

By signing the distribution form, Authorized agent/Advisor is authorizing Fidelity, as agent for Fidelity Management Trust Company ("FMTC"), to distribute funds out of the IRA pursuant to the asset movement authorization granted by the IRA owner. Authorized agent/Advisor acknowledges this distribution may have tax implications to the IRA owner, including the assessment of tax penalties. Once this distribution is complete, the requested transaction and any associated tax reporting cannot be cancelled. Consult with a tax advisor if Authorized agent/Advisor has any questions about this distribution and the tax implications it may have to the IRA owner.